



# Varanashi Summer Camp 2019

A unique opportunity for kids from **12-17 years of age**, to experience this clean-green environment while living a sustainable lifestyle with nutritious organic food for a fortnight filled with adventure and exploration. This **Low Carbon-Footprint Camp** at **Varanashi Organic Farms** (Adyanadka, Bantwal Taluk) aims to enrich lives through a thorough learning of how the farm, which has been **organic for 3 decades**, functions with methods adapted over years of practice.

## LEARNING SKILLS

- Organic Farming Workshops
- Water Harvesting
- Camp Fire
- Swimming & Aquatic Safety
- Self Defence
- Cross Fit Calisthenics Workouts

## ADVENTURE ACTIVITIES

- Skate Boarding
- Slacklining
- High-Board Diving
- Stand-Up Paddle
- Trampoline

## BATCH DATES

- 1<sup>st</sup> to 16<sup>th</sup> April and
- 19<sup>th</sup> April to 5<sup>th</sup> May



ORGANIC FARMING



TRAINING WORKSHOP



SLACKLINING



HIGH-BOARD  
DIVING



SWIMMING & AQUATIC SAFETY



SKATE  
BOARDING



WATER HARVESTING TECHNIQUES



CACAO TRAIL

